

**Elizabeth M. McBride, MSPT  
Curriculum Vitae**

**SCHOLASTIC DATA**

- Master of Science in Physical Therapy 2005  
Texas Woman's University, School of Physical Therapy  
Dallas, Texas
- Bachelor of Science, Exercise and Sports Science 2002  
Magna Cum Laude in Honors Studies  
Texas Tech University  
Lubbock, Texas

**PROFESSIONAL HISTORY**

- Physical Therapist 2007-present  
Breast and Pelvic Health and Rehabilitation Center  
San Francisco, CA
- Staff Physical Therapist 2006-2007  
University of California San Francisco Medical Center  
San Francisco, CA
- Per Diem Physical Therapist 2005-2006  
Penrose-St. Francis Hospital  
Colorado Springs, CO

**SPEAKING ENGAGEMENTS**

McBride EM: Pre-conference Lecture – Pain and Sex: A Physical Therapist's Perspective. Western Region of the Society for the Scientific Study of Sexuality Annual Meeting. Pacific Grove, CA, May 2009

McBride EM: Teaching Assistant - Demystifying Pudendal Neuralgia: A Physical Therapist's Approach: Elizabeth Rummer PT, Stephanie Prendergast PT, Phoenix, Arizona, 2008

**PROFESSIONAL MEMBERSHIPS**

- American Physical Therapy Association 2003-present  
Member - Section on Women's Health
- National Vulvodynia Association 2007-present  
Member

International Pelvic Pain Society  
Member 2007-present

International Society of Lymphology  
Member 2008-present

### **POST-GRADUATE EDUCATION**

APTA Pelvic Physical Therapy Course Level 3  
M.J. Strauhal, PT  
Longmont, CO 2009

American Physical Therapy Association  
Combined Sections Meeting  
Las Vegas, NV 2009

The Pelvic Girdle  
Richard Jackson, PT  
San Francisco, CA 2008

APTA Pelvic Physical Therapy Course Level 2  
Beth Shelly, PT  
Baton Rouge, LA 2008

Chronic Pelvic Pain Lecture with Pelvic Cadaver Review  
Stephanie Prendergast and Elizabeth Rummer  
UCSF Medical Center  
San Francisco, CA 2008

16<sup>th</sup> Annual Scientific Meeting: IPPS  
Buena Vista, FL 2008

3<sup>rd</sup> Annual Biological Basis of Breast Cancer Conference  
San Francisco, California 2008

Urogynecology and Pelvic Floor Disorders  
Sponsored by Stanford University School of Medicine  
Palo Alto, CA 2008

Advances in Women's Health:  
Hormones, Heart Health, & the Brain  
Institute for Natural Resources, Karol Smith, Ph.D., R.D.  
Palo Alto, California 2008

Pregnancy and Post-Partum: Clinical Highlights Holly Herman, PT Boston, Massachusetts	2008
An Introduction to the Management of Breast Cancer Lymphedema Linda Miller, PT San Francisco, California	2008
15 <sup>th</sup> Annual International Pelvic Pain Society Meeting San Diego, CA	2007
28 <sup>th</sup> Annual AUGS Scientific Meeting Hollywood, Florida	2007
Physical Therapy Treatment for the Breast Cancer Patient R3 Programs, Leslie Walke San Francisco, California	2007
APTA Clinical Instructor Education and Credentialing Course Oakland, California	2007
Nothing Else Matters if You Can't Breathe Deborah Frownfelter Stanford, California	2006
APTA Pelvic Physical Therapy Course Level 1 M.J. Strauhal, PT Mobile, Alabama	2006
Urogynecology and Pelvic Floor Disorders Stanford University Stanford, California	2006
Advanced Wound Care Strategies Seminar Baylor Specialty Hospital Dallas, Texas	2005
Wound Care Strategies Seminar Baylor Specialty Hospital Dallas, Texas	2004