

**Elizabeth H. Rummer, MSPT
Curriculum Vitae**

SCHOLASTIC DATA

Master of Science in Physical Therapy University of Miami, Medical School Coral Gables, Florida	2001
Bachelor of Science University of Miami Coral Gables, Florida	1998

PROFESSIONAL HISTORY

Co-owner and Physical Therapist Breast and Pelvic Health and Rehabilitation Center San Francisco, California	2006-present
Staff Physical Therapist Pacific Center for Pelvic Pain and Dysfunction San Francisco, California	2005-2006
Staff Physical Therapist ProActive Therapy San Francisco, California	2002-2004
Staff Physical Therapist Circle of Friends San Francisco, California	2002-2003

PUBLICATIONS AND SPEAKING ENGAGEMENTS

CME/CEU Courses:

Rummer EH, Prendergast SA: Instructor and Course Coordinator-
Demystifying Pudendal Neuralgia: A Physical Therapist's Approach:
New York, NY: February 2007, Seattle, WA: March 2007, Columbia,
MD: May 2007, Phoenix, AZ: January 2008, Nashua, NH: March 2008,
Dublin, Ireland: Nov. 2008, Atlanta, Georgia: Feb 2009, Chicago, IL:
March 2009.

Speaking Engagements and Publications:

Rummer EH: Lecture – Demystifying Pelvic Pain and Dysfunction in
Men and Women: A Physical Therapist's Approach. Synergy + Physical
Therapy & Pilates Studio. San Anselmo, CA, March 2009, San
Francisco Sport and Spine, San Francisco, CA March 2009.

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Rummer EH, Prendergast SP, Poree, L, Rejba, A: Lecture – Multi-disciplinary Management of Chronic Pelvic Pain. Society of Urologic Nurses and Associates Pelvic Floor Symposium. San Francisco, CA, March 2009.

Rummer EH: How to Manage Your Patient with Stress Incontinence and Pelvic Pain. Society of Urologic Nurses and Associates Pelvic Floor Symposium. San Francisco, CA, March 2009.

Rummer EH, Prendergast SA: Lecture – Evaluation and Treatment of Pudendal Neuralgia. American Physical Therapy Association Combined Sections Meeting. Las Vegas, NV, February 2009.

Prendergast SA, Rummer EH: Lecture – Physical Therapy Evaluation and Treatment of Chronic Pelvic Pain. UCSF Pain Management Fellowship Program. November 2008.

Rummer EH: Lecture - Physical Therapy Evaluation and Treatment of Male Pelvic Pain. International Pelvic Pain Society 16th Annual meeting. Buena Vista, CA, October 2008.

Prendergast SA, Rummer EH, Kotarinos R: Treating Vulvodynia with Manual Physical Therapy, *National Vulvodynia Association Newsletter*, vol 13, no 3, 2008.

Rummer EH: The Role of Physical Therapy in the Treatment of Chronic Nonbacterial Prostatitis/Chronic Pelvic Pain Syndrome: Society of Urological Nurses and Associates Annual Symposium, Tampa, FL: February 29-March 2, 2008.

Rummer EH, Prendergast SA: The Role of Physical Therapy in the Treatment of Pudendal Neuralgia: part 1, *Vision*, vol. 15, no. 1, 2007.

Rummer EH, Prendergast SA: The Role of Physical Therapy in the Treatment of Pudendal Neuralgia: part 2, *Vision*, vol. 15, no. 2, 2007.

Rummer EH, Prendergast SA: Lecture – Physical Therapy Management of Pudendal Nerve Entrapment: American Physical Therapy Association Annual Conference and Exposition, Denver, CO: June 27-30, 2007.

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Rummer EH: Lecture- A New Approach to the Physical Therapy Management of Chronic Pelvic Pain. Mediterranean Society for Pelvic Floor Disorders Annual Meeting, Cairo, Egypt, April 2007.

Prendergast SA, Rummer EH: Lecture- The Role of Physical Therapy in the Treatment of Pudendal Neuralgia. International Urogynecological Association 31st Annual Meeting, Athens, Greece, September, 2006.

PROFESSIONAL MEMBERSHIPS

Society for Pudendal Neuralgia Member	2005-present
American Physical Therapy Association Member	1998-present
National Vulvodynia Association Member	2006-present
Interstitial Cystitis Network Member	2006-present
International Pelvic Pain Society Member	2006-present
Society of Urological Nurses and Associates Member	2006-present
Mediterranean Society for Pelvic Floor Disorders International Advisory Board	2007-present
International Society for the Study of Pain Member	2008-present
International Society of Lymphology Member	2008-present
American Urogynecologic Society Member	2008-present
International Society for the Study of Women's Sexual Health Member	2009-present

POST-GRADUATE EDUCATION

Pelvic Floor Symposium: SUNA San Francisco, CA	2009
16 th Annual Scientific Meeting: IPPS Buena Vista, FL	2008
Update on Urogenital Pain - Current Issues and Controversies Glasgow, Scotland	2008
Urogynecology and Pelvic Floor Disorders Sponsored by Stanford University School of Medicine	2008

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Palo Alto, CA	
3rd Annual Biological Basis of Breast Cancer Conference	2008
San Francisco, California	
Pregnancy and Post-Partum: Clinical Highlights	2008
Holly Herman, PT	
Boston, Massachusetts	
Management of Breast Cancer Lymphedema	2008
Linda Miller, PT	
San Francisco, California	
Society of Urological Nurses and Associates	2008
Annual Symposium	
Tampa, Florida	
6 th Interdisciplinary World Congress on Low Back and Pelvic Pain	2007
Barcelona, Spain	
15 th Annual Scientific Meeting: IPPS	2007
San Diego, CA	
28 th Annual AUGS Scientific Meeting	2007
Hollywood, Florida	
Gynecologic Visceral Manipulation	2007
Gail Wetzler, PT	
Ann Arbor, Michigan	
Physical Therapy Treatment for the Breast Cancer Patient	2007
R3 Programs	
San Francisco, California	
American Physical Therapy Association	2007
Annual Meeting and Exposition	
Denver, Colorado	
Mediterranean Society for Pelvic Floor Disorders	2007
Annual Meeting	
Cairo, Egypt	
Society of Urological Nurses and Associates	2007
Annual Symposium	
Colorado Springs, Colorado	
Surgical Observation/Intervention Radiology	2006
Private observation: Michael Hibner, MD	
Phoenix, Arizona	
14 th Annual Scientific Meeting: IPPS	2006
San Antonio, Texas	
31 st Annual IUGA Scientific Meeting	2006
Athens, Greece	
Urogynecology and Pelvic Floor Disorders	2006
Stanford University	

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Stanford, California	
Foundations of Myofascial Trigger Point Therapy	2006
Travell and Simons Course Series	
San Francisco, California	
Chronic Prostatitis Scientific Workshop	2005
NIH Pelvic Pain Meeting	
Baltimore, Maryland	
13 th Annual Scientific Meeting: IPPS	2005
Atlanta, Georgia	
Rotator Cuff of the Pelvis	2005
Lab Course	
Seattle, Washington	
Active Therapeutic Movement	2004
Lab Course	
San Francisco, California	
Lower Quarter Anatomy and Biomechanics: Implications for the	2004
Evaluation and Treatment of Musculoskeletal Disorders	
Lab Course	
San Francisco, California	
Shoulder Syndromes: Assessment and Treatment	2003
Lab Course	
San Francisco, California	
A Biomechanical Model for Evaluation and Treatment	2002
of the Lumbar Spine and Pelvis	
Lab Course	
San Mateo, California	
Muscle Energy Technique	2002
Lab Course	
San Mateo, California	